

# Limca

*Book of Records*

*National Record 2014*

**Lihav Ashwin Trivedi** (Oct 26, 1969) ran continuously 194.02 km for 25 hours on Treadmill starting at 7.00 am on June 29 and finishing at 11.30 am on June 30, 2013 at Sports Club of Gujarat in Ahmedabad. He used two Techogym (USA) Treadmills.

*Vijaya Ghose*

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*Editor, Limca Book of Records*

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